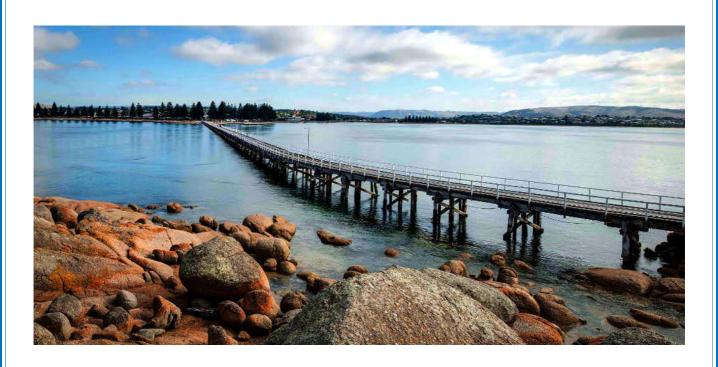


# The 8th TSKF/ISKF Australian National Titles 2018

Monday 19th of March to Saturday 24th March, 2018 Victor Harbor Recreation Centre Victor Harbor, South Australia



TSKF Australia is a registered member of the International Shotokan Karate Federation (ISKF)



## To All Dojos,

#### Oss

On behalf of TSKF South Australia, I would like to invite all members from TSKFA, TSKFNZ, ISKF and other Shotokan groups to the 8th TSKF/ISKF Australian National Championships and Seminar being held on the beautiful coastal city of Victor Harbor.

The training seminar will be conducted by TSKF Chief Instructor, Takahashi Shihan. In addition, Takechiyo Nemoto Sensei, Ryozo Hirata Sensei and members of the Aoyama University Karate Team will also be in attendance. We are also extending invitations to teams from TSKF New Zealand to the event.

This package contains the following information for these championships:

- 1. Training/Competition Venue
- 2. Events Schedule
- 3. What to bring
- **4.** New Procedure for Nominations and Fees
- 5. Welcome Function & Dojo Heads Dinner
- **6.** Championships Celebration Dinner
- **7.** Competition Events
- 8. Article 56 TSKFA Competition Rules & Regulations
- 9. Registration Form and Rules & Regulations
- 10. Medical Clearance Form
- 11. Dojo Nomination Form
- 12. Referees/Officials Nomination Form
- **13.** Accommodation Information

All competitors must be members of TSKFA, TSKFNZ, ISKF or approved Shotokan groups with proof of current insurance cover.

TSKF South Australia is honoured to host our National Championships, and are proud to showcase the beauty of this amazing part of our State. With the amazing Karate-ka in attendance, and all members accommodated within short distances, this event promises to be a very exciting and memorable championships.

Kind Regards,

Adam Pearce.
President, TSKF South Australia

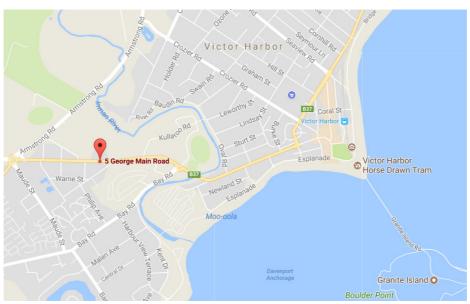
Contact: Deb Russo, Secretary TSKFA PHONE: 07 4126 6258 EMAIL: thesecretary@tskfa.com.au



# **1.TRAINING/COMPETITION**

## Victor Harbor Recreation Centre 5 George Main Rd, Victor Harbor, South Australia





Distance from Adelaide Airport to Dojo: 82.8km - approx. 1hr 10 mins

**Note:** Most accommodation is within short walking distance, however there is free parking at the facility & canteen facilities available.

Contact: Deb Russo, Secretary TSKFA PHONE: 07 4126 6258 EMAIL: thesecretary@tskfa.com.au



# 2. EVENTS SCHEDULE

Sunday March 19<sup>th</sup> to Saturday March 24<sup>th</sup>, 2018

8th TSKFA NATIONAL CHAMPIONSHIPS 2018								
Sunday 18 <sup>th</sup>	Monday 19 <sup>th</sup>	Tuesday 20 <sup>th</sup>	Wednesday 21 <sup>st</sup>	Thursday 22 <sup>nd</sup>	Friday 23 <sup>rd</sup>	Saturday 24 <sup>th</sup>		
Guests Arrivals & Check-In	Seminar 9:00 - 11:00am	Seminar 9:00 - 11:00am	Seminar 9:00 - 11:00am		Kyu Grade	Black Belt Competition Day		
	Lunch TSKFA Dojo Heads Meeting	Lunch Instructor Accreditation	Lunch Judge Accreditation	FREE DAY	Competition Day & Some Black	8:00am START		
Welcome Function for	Seminar 1:30 - 3:30pm	Seminar 1:30 - 3:30pm	Seminar 1:30 - 3:30pm	Belt Eliminations 8:00am		Official Opening 12.30pm		
Senior Personnel 6pm			Dojo Heads Dinner 7:00pm		START	Celebration Dinner 6:30pm		

Note: This schedule is subject to change at Takahashi Shihan's discretion

# 3. WHAT TO BRING

- € Current TSKF/ISKF Membership/Registration Card
- € Medicare Card
- € Mouth Guards
- € Fighting Mitts
- € Chest Protectors
- € Hand Towel
- **€** Bottled Water
- € Basic First Aid Supplies

Contact: Deb Russo, Secretary TSKFA PHONE: 07 4126 6258 EMAIL: thesecretary@tskfa.com.au



## 4. NOMINATIONS & FEES

- € Please email a list of all referees and table officials attending, who will be able to assist at the tournament and send by <u>Sunday 4<sup>th</sup> February, 2018</u> to enable inclusion in the Competition Magazine to <u>thesecretary@tskfa.com.au</u>
- € Every participating member, or their authorised parent or guardian, must complete (clearly printed) Registration and Rules form and Medical Clearance Form, to be collected by Dojo Heads.
- Every person attending (members & supporters) must be listed on the Dojo Nomination Electronic Spreadsheet (as distributed to Dojo Heads & available on application to drusso@tskfa.com.au) and <a href="mailed to The Secretary (thesecretary@tskfa.com.au">mailed to The Secretary (thesecretary@tskfa.com.au</a>) by 24<sup>th</sup> February, 2018.
- € Fees to be posted as **1 cheque per Dojo** at same time to The Secretary or deposited electronically and advise the Secretary of details by email. <u>Do not send Registration and Medical Forms by mail hand to Secretary on Day 1 of Seminar.</u>
- € Payment for Celebration Dinner to be included with nomination fees to TSKFA.
- € Dojo heads to collect the \$50 cash from each member of their dojo and hand to D.Russo, Secretary, TSKFA, with list of names of persons paid at The Dojo on Day 1 of seminar. <u>All Medical and Registration Forms to be handed in at that time also.</u>

	Financial TSKFA Members Full Seminar/ Competition	Financial TSKFA Members Family Discount*	Financial TSKFA Members Seminar Only	Financial TSKFA Members Seminar per session	Financial TSKFA Members Competition Only
Payable to TSKFA	\$240.00	\$120.00	\$190.00	\$40.00	\$90.00
Cash (hand to secretary on Day 1)	\$50.00	\$50.00	\$50.00	\$10.00	NIL
Total	\$290.00	\$170.00	\$240.00	\$50.00 (Payable on day)	\$90.00

\* The Family discount is only available to the third and subsequent member of each family, after two other members of the same family have paid the full price.

Contact: Deb Russo, Secretary TSKFA PHONE: 07 4126 6258 EMAIL: thesecretary@tskfa.com.au

## 5. WELCOME FUNCTION & DOJO HEADS DINNER

The Annual Welcome Function for Senior Personnel will be held on Sunday 18<sup>th</sup> of March, 2018 at The Crown Hotel, 2 Ocean St, Victor Harbor from 6.00pm – 8.00pm. We ask Dojo Heads to limit attendees to Senior members of your Dojo, and if possible no children. Cost is \$10 per person payable in advance with seminar fees. Please RSVP to <a href="mailto:thesecretary@tskfa.com.au">thesecretary@tskfa.com.au</a> <a href="mailto:by">by</a> 24<sup>th</sup> February, 2018.

The Annual Dojo Head Dinner will be held on Wednesday 21<sup>st</sup> of March, 2018 commencing at 7:00pm also at The Crown Hotel in Victor Harbor.

TSKF Dojo Heads and their partners are cordially invited to attend the dinner. The cost of dinner only, for one registered dojo head per dojo, will be generously covered by TSKF Australia. The free dinner is non-transferrable. Dinner cost for other attendees will be advised and payable on the night. Please RSVP by 24/02/2018 to thesecretary@tskfa.com.au.

## 6. CHAMPIONSHIPS CELEBRATION DINNER

The post Competition Celebration Dinner will be held on Saturday 24<sup>th</sup> March, 2018 from 6.30pm – 11:00pm at:

### **Hotel Victor**

1 Albert Place, Victor Harbor. SA.

(Approx 1.5km from the Dojo)

## <u>Cost</u>

Adults (including children from 12 years of age) \$45 Children (aged 4 – 11) \$25 Children (under 4) free

All dinners must be booked and pre-paid along with nomination fees to TSKFA. Dinner tickets will be distributed on Day 1 of training to each Dojo head.

Contact: Deb Russo, Secretary TSKFA PHONE: 07 4126 6258 EMAIL: thesecretary@tskfa.com.au



## 7. COMPETITION EVENTS

Individual Events – Please select the event you wish to enter from the events table below and place the relevant event number in the entry box on the registration form. Dojo Heads to transpose information from this form onto Nomination Spreadsheet for emailing.

Event No	Event Name	Event No	Event Name
1	10th-7th Kyu U/150 Kata	27	10th-7th Kyu U/150 Kumite
2	10th-7th Kyu O/150-170 Kata	28	10th-7th Kyu O/150-170 Kumite
3	10th-7th Kyu Women's Kata	29	10th-7th Kyu Women's Kumite
4	10th-7th Kyu Men's Kata	30	10th-7th Kyu Men's Kumite
5	6th-4th Kyu U/150 Kata	31	6th-4th Kyu U/150 Kumite
6	6th-4th Kyu O/150-170 Kata	32	6th-4th Kyu O/150-170 Kumite
7	6th-4th Kyu Women's Kata	33	6th-4th Kyu Women's Kumite
8	6th-4th Kyu Men's Kata	34	6th-4th Kyu Men's Kumite
9	3rd-1st Kyu U/150 Kata	35	3rd-1st Kyu U/150 Kumite
10	3rd-1st Kyu O/150-170 Kata	36	3rd-1st Kyu O/150-170 Kumite
11	3rd-1st Kyu Women's Kata	37	3rd-1st Kyu Women's Kumite
12	3rd-1st Kyu Men's Kata	38	3rd-1st Kyu Men's Kumite
13	Black Belt Girls U/150 Kata	39	Black Belt Girls U/150 Kumite
14	Black Belt Boys U/150 Kata	40	Black Belt Boys U/150 Kumite
15	Black Belt Girls O/150-170 Kata	41	Black Belt Girls O/150-170 Kumite
16	Black Belt Boys O/150-170 Kata	42	Black Belt Boys O/150-170 Kumite
17	Black Belt Girls 16-18 Yrs Kata	43	Black Belt Girls 16-18 Yrs Kumite
18	Black Belt Boys 16-18 Yrs Kata	44	Black Belt Boys 16-18 Yrs Kumite
19	Senior Womens 41-50 Yrs Kata	45	Senior Womens 41-50 Yrs Kumite
20	Senior Mens 41-50 Yrs Kata	46	Senior Mens 41-50 Yrs Kumite
21	Over 50's Kata	47	Black Belt Women's Kumite
22	10th-7th Kyu Team Kata	48	Black Belt Men's Kumite
23	Colour Belt Team Kata	49	Women's State Kumite
24	Dojo Team Kata	50	Men's State Kumite
25	Black Belt Women's Kata	51	Possible Test Match
26	Black Belt Men's Kata		

#### Notes:

- 1. Individual Black Belt Kata Event Senior competitors may only enter one kata event e.g. Open Men's/Women's Kata <u>OR</u> 41-50 Yr Kata <u>OR</u> Over 50's Kata
- 2. Team Kata Event Competitors may only be a member of (1) team kata event
- 3. Team Kata Event If your team has one or more black belt team members, then they must enter the Dojo Team Kata Event. Mixing of Dojos to make team is not permitted.
- 4. Nominations for Team Events will be called on the morning of the event.
- 5. Kata & Kumite requirements as per TSKFA Rules & Regulations Article 56 (see table on page 8 of this information pack)

Contact: Deb Russo, Secretary TSKFA PHONE: 07 4126 6258 EMAIL: thesecretary@tskfa.com.au



# 8. ARTICLE 56 TSKFA COMPETITION RULES & REGULATIONS

	Kata	Kumite
10-7 Kyu	Heian Shodan	5 step Jodan/Chudan
6-4 Kyu	1 <sup>st</sup> Round Heian Shodan, Nidan, Sandan  2 <sup>nd</sup> Round & thereafter Heian Nidan, Sandan, Yondan	1 step (Jodan, chudan, mae geri) with aka attacking first. In the event of a draw, repeat using other side
3 – 1 Kyu	1 <sup>st</sup> Round Heian Nidan, Sandan, Yondan  2 <sup>nd</sup> Round Heian Sandan, Yondan, Godan, Tekki Shodan  Final Round Heian Godan, Tekki Shodan, Bassai Dai	Jiyu Ippon (Jodan, chudan, mae geri, kekomi)
Black Belt	1st Round Heian Nidan, Sandan, Yondan, Godan & Tekki Shodan  2nd Round (all ages) & Final Rounds Up to 16 Years Old Bassai Dai, Jion, Enpi, Kanku-dai  Finals Own Choice of kata	Under 10 years Jiyu-Ippon  10-12 years Jiyu-Ippon until Final 4 then Shobu-Ippon  Over 12 years Shobu-Ippon

Contact: Deb Russo, Secretary TSKFA PHONE: 07 4126 6258 EMAIL: thesecretary@tskfa.com.au



# 9. REGISTRATION FORM and RULES & REGULATIONS

# **8th TSKFA NATIONAL CHAMPIONSHIPS 2018**

## March 19-24, 2018 Victor Harbor Recreation Centre, Victor Harbor, SA

	NOMIN	NATIONS	CLOSE – Si	unday 24"	Februa	ry, 2018		
Family Name:				Given Name:				
Address:				Suburb: P/Code:			P/Code:	
Male/Female	Age: D.O.B:				Rank:		Не	ight (cm):
I am a REGISTERED, INSURED member of								Dojo
	Please include me in the following:							
Seminar Only	•	Semi	nar & Comp	etition	•	Kata Compe	titio	n Event #
Competition Only • Dinner				•	Kumite Com	peti	tion Event #	

NOMINATION FEE STRUCTURE						
Seminar ONLY	\$240.00	•	Note: This price is inclusive of \$50 cash payable on Day 1 of event			
Seminar ONLY (per session)	\$50.00	•	Note: Payable on day only. This price is inclusive of \$10 cash payable prior to commencement of session.			
Competition ONLY	\$90.00	•	Note: No cash payable in this fee			
Seminar & Competition	\$290.00		Note: This price is inclusive of \$50 cash payable on Day 1 of event			
Registered Dojo Head	NIL	•	Limited to 1 Dojo Head per registered Dojo, not transferable			
Family Discounted Price	\$170.00 ea	•	The first 2 members of each family <b>MUST PAY FULL PRICE</b> . The discounted price applies for the 3rd & subsequent family members.			
TOTAL	\$					

Contact: Deb Russo, Secretary TSKFA PHONE: 07 4126 6258 EMAIL: thesecretary@tskfa.com.au



## **Competition Rules**

- 1. Should there be insufficient numbers in any of the divisions, the Organizers reserve the right to combine divisions, as they deem fair.
- 2. If the Competitor is under age 18 years, their parent or legal guardian must sign the waiver.
- 3. No competitor over the age of 41 years is eligible to enter into Open Kumite Events.
- 4. All Competitors and Coaches must abide by the rules of the Federation.
- 5. All Competitors must abide by the Judge's decision.
- **6.** All Competitors must be a current member of TSKFA to compete in the tournament **Or-** All Competitors who are members of other Shotokan Groups <u>must</u> provide proof of current financial
  - membership and insurance along with registration and payment in order to compete in the tournament.
- 7. All Black and Brown Belts must wear the appropriate protective equipment in their events mouth guard, fighting mitts, chest protectors (female), chest guards (juniors), groin protectors (optional).
- **8.** Every competitor must bring their own current TSKFA Membership card, training towel, first aid kit and Medicare card.
- **9.** All entries must be fully completed with correct information, and then returned with the appropriate fees to the Dojo Head.
- **10.** Dojo Heads should be responsible for ensuring that all Dojo members are entered into correct divisions prior to the tournament commencing.
- 11. Dojo Heads are responsible for ensuring correct height of students is recorded on nominations.
- **12.** Current members of JKA may train at the seminar, but are not eligible to compete in the competition.
- 13. The Organizers reserve the right to refuse entry to seminar/competition/event to any individual.

## **DECLARATION**

In consideration of and as a condition of acceptance of my entry in this seminar/competition, I the undersigned, for myself, my heirs, executors and administrators, hereby waive all claims for which I or they may otherwise have, arising out of any loss of life, injury or loss of any description whatsoever, which I may sustain or suffer in the course of or as a consequence of participating in the said seminar/competition and I hereby release and discharge all persons, jointly or severally involved in staging, officiating at, participating in or promoting the said seminar/competition, in respect of such loss of life, injury or loss of any description whatsoever. I agree to compete in the event/s according to the Rules and Regulations of the Organizers. I also agree that my image may be taken in photos/video at the event and may be used in the public domain.

The Parent/Guardian must sign this entry form if the Competitor is under 18yrs of age.

Competitors Name:		
Competitors Signature:	/_Date:/	/
Parent/Guardian's Signature:	Date:/	/

RETURN FORMS WITH PAYMENT TO YOUR DOJO HEAD (PAYMENT MUST ACCOMPANY THIS FORM)

Individual forms sent directly to the Tournament Coordinator will be returned

Contact: Deb Russo, Secretary TSKFA PHONE: 07 4126 6258 EMAIL: thesecretary@tskfa.com.au



# 10. MEDICAL CLEARANCE FORM

Date of Birth: Dojo:	Partici	pants Full Name:		
<ul> <li>€ Heart Disease</li> <li>€ Epilepsy</li> <li>€ Diabetes</li> <li>€ Chronic chest condition</li> <li>€ High blood pressure</li> <li>€ Are you pregnant?</li> <li>€ Any other medical conditions, including injuries or psychological issues that may prevent you from participating?</li> <li>€ NONE OF THE ABOVE</li> <li>Signed:</li> <li>This medical Clearance form is to be filled out, signed-off and stamped by your doctor giving you clearance to take part in the 8th TSKFA National Karate Seminar and Championships</li> <li>Participant's Name:</li> <li>Date of Birth:</li> <li>Levents to take place in Victor Harbor, SA 19-24th of March, 2018</li> <li>Medical Condition requiring clearance:</li> <li>Doctor's phone:</li> <li>I, Dr</li> <li>Say the participant named above suffers from the stated condition and I give medical clearance for this individual to participate in the TSKFA Nationals Seminar and Karate Championships</li> </ul>	Date o	f Birth:	Dojo:	
Epilepsy  Epilepsy  Diabetes  Chronic chest condition  High blood pressure  Are you pregnant?  Any other medical conditions, including injuries or psychological issues that may prevent you from participating?  NONE OF THE ABOVE  Signed:  This medical Clearance form is to be filled out, signed-off and stamped by your doctor giving you clearance to take part in the 8" TSKFA National Karate Seminar and Championships  Participant's Name:  Doctors Name:  Doctors Name:  Doctor's phone:  I, Dr  Say the participant named above suffers from the stated condition and I give medical clearance for this individual to participate in the TSKFA Nationals Seminar and Karate Championships  Notes:	Do you	ı have the following conditions?	?	
© Diabetes	€	Heart Disease		IF YOU ANSWERED YES TO ANY OF
<ul> <li>€ Diabetes</li> <li>€ Chronic chest condition</li> <li>€ Chronic chest condition</li> <li>€ High blood pressure</li> <li>€ Are you pregnant?</li> <li>€ Any other medical conditions, including injuries or psychological issues that may prevent you from participating?</li> <li>€ NONE OF THE ABOVE</li> <li>Signed:</li> <li>This medical Clearance form is to be filled out, signed-off and stamped by your doctor giving you clearance to take part in the 8th TSKFA National Karate Seminar and Championships</li> <li>Participant's Name:</li> <li></li></ul>	€	Epilepsy		·
<ul> <li>← High blood pressure</li> <li>← Are you pregnant?</li> <li>← Any other medical conditions, including injuries or psychological issues that may prevent you from participating?</li> <li>← NONE OF THE ABOVE</li> <li>Signed:</li></ul>	€	Diabetes		
High blood pressure  Are you pregnant?  Any other medical conditions, including injuries or psychological issues that may prevent you from participating?  NONE OF THE ABOVE  Signed:  This medical Clearance form is to be filled out, signed-off and stamped by your doctor giving you clearance to take part in the 8 <sup>th</sup> TSKFA National Karate Seminar and Championships  Participant's Name:  Date of Birth:  Events to take place in Victor Harbor, SA 19-24 <sup>th</sup> of March, 2018  Medical Condition requiring clearance:  Doctors Name:  Doctor's phone:  I, Dr  Say the participant named above suffers from the stated condition and I give medical clearance for this individual to participate in the TSKFA Nationals Seminar and Karate Championships  Notes:	€	Chronic chest condition		
Any other medical conditions, including injuries or psychological issues that may prevent you from participating?  NONE OF THE ABOVE  Signed:	€	High blood pressure		
psychological issues that may prevent you from participating?   NONE OF THE ABOVE  Signed:	€	Are you pregnant?		CLEARANCE BY COMPLETING
This medical Clearance form is to be filled out, signed-off and stamped by your doctor giving you clearance to take part in the 8 <sup>th</sup> TSKFA National Karate Seminar and Championships  Participant's Name: Date of Birth:/  Events to take place in Victor Harbor, SA 19-24 <sup>th</sup> of March, 2018  Medical Condition requiring clearance: Doctor's phone:	€	psychological issues that may pro		
Participant's Name:	€	NONE OF THE ABOVE	Signed:	
Events to take place in Victor Harbor, SA 19-24 <sup>th</sup> of March, 2018  Medical Condition requiring clearance:	This			
Medical Condition requiring clearance:		Participant's Name:		Date of Birth:/
Doctor's phone:  I, Dr  Say the participant named above suffers from the stated condition and I give medical clearance for this individual to participate in the TSKFA Nationals Seminar and Karate Championships  Notes:		Events to ta	ke place in Victor Harbor,	SA 19-24 <sup>th</sup> of March, 2018
I, Dr  Say the participant named above suffers from the stated condition and I give medical clearance for this individual to participate in the TSKFA Nationals Seminar and Karate Championships  Notes:		Medical Condition requiring clearar	nce:	
Say the participant named above suffers from the stated condition and I give medical clearance for this individual to participate in the TSKFA Nationals Seminar and Karate Championships  Notes:		Doctors Name:		Doctor's phone:
I give medical clearance for this individual to participate in the TSKFA Nationals Seminar and Karate Championships  Notes:		I, Dr		
Doctor's Signature: Date:		Notes:		
		Doctor's Signature:		Date:/

Contact: Deb Russo, Secretary TSKFA PHONE: 07 4126 6258 EMAIL: thesecretary@tskfa.com.au



## 11. DOJO NOMINATION FORM

Please forward a printed out copy of collated Dojo Nominations from Microsoft Excel Spreadsheet (distributed to all Dojo Heads or by application to thesecretary@tskfa.com.au with cheque for total amount of fees required for your Dojo or make EFT deposit to the bank account below and email copy of banking receipt to The Secretary TSKFA (<a href="thesecretary@tskfa.com.au">thesecretary@tskfa.com.au</a> with Chesecretary@tskfa.com.au.). Note: all nominations & funds to be sent to TSKFA Secretary.

Bank Account Name: TSKFA PTY LTD

Bank: Westpac

Branch:: Bundaberg QLD

BSB: 034-122 A/C #: 51 5446 Swift Code: WPACAU2S

## 12. REFEREES/OFFICIALS NOMINATION FORM

Dojo Heads to please nominate Referees and Table Officials who will be available to officiate at the Competition and return this form to the organizers by  $4^{th}$  February, 2018 to enable inclusion of names in Official Tournament Magazine.

NAME	REFEREE	TABLE OFFICIALS

Please Note: All Judges and referees must bring their own TSKFA whistles as they will not be provided for health reasons and all table officials please bring a white shirt and black trousers.

Contact: Deb Russo, Secretary TSKFA PHONE: 07 4126 6258 EMAIL: thesecretary@tskfa.com.au



## 13. Accommodation Information

The beautiful city of Victor Harbor has many accommodation options available to suit everyone's budget. The Organizing Committee have identified a small number of options within a short drive of The Victor Harbour Recreation Centre.

## 1. Victor Harbour Beachfront Holiday Park (Organisers Accommodation)

Rooms allocated to senior personnel via John Russo.

114 Victoria Street, Victor Harbour

Please note\* You must mention TSKF to receive availability and special group booking rates.

**Phone:** 08 8552 1111

**Email:** info@victorbhp.com.au

Website: www.escape2holidayparks.com.au

## 2. Victor Harbour Holiday and Cabin Park

Bay Road, Victor Harbour.

**Phone:** 08 8552 1949

Website: www.victorharbourholiday.com.au

## 3. The Bluff Resort Apartments

123 Franklin Parade, Encounter Bay

**Phone:** 08 8552 1200

Email: info@bluffresort.com.au Website: www.bluffresort.com.au

- 4. www.stayz.com.au
- 5. www.wotif.com.au

Contact: Deb Russo, Secretary TSKFA PHONE: 07 4126 6258 EMAIL: thesecretary@tskfa.com.au